

THIRUTHANGAL NADAR COLLEGE

(Belongs to the ChennaivazhThiruthangal Hindu NadarUravinmurai Dharma Fund)
A Self Financing Co-Educational College of Arts & Science
Affiliated to the University of Madras
Re-accredited++' Grade by NAAC &An ISO 9001:2015 Certified Institution
Selavayal, Chennai, Tamil Nadu, India

DEPARTMENT OF SOCIAL WORK NEWLETTER 2022-23

CHIEF PATRON	PATRON
Mr. M.G.E SELAPALAM Secretary & Correspondent	Dr.V. Devi, M.B.A., M.C.A., M.Phil., Ph.D., Principal

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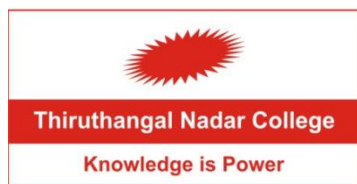
Assistant Professor

VISION

Educate and empower the students to promote social justice through academic excellence and responding to social realities that bring necessary changes with values of truth, justice, and peace.

MISSION:

To provide holistic undergraduate social work education to students inculcating the values of self-determination, empowerment, & regard for diversity by eliminating the inequalities and injustice.

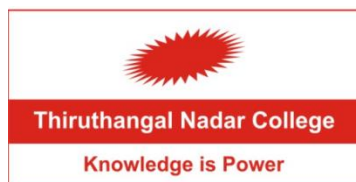


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EVENTS CONDUCTED

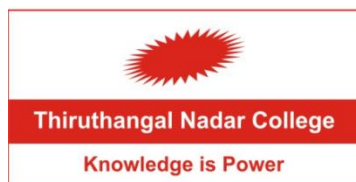
- ❖ On 16th August 2022 Department of social work organized a knowledge enhancement program on the event of celebrating world Humanitarian Day.
- ❖ The department of Social work celebrated World Nature Conservation day. An outreach programme was organized on 01.08.2022
- ❖ The department of Social Work, Thiruthangal Nadar College organized an Inter-Departmental Poster making competition for the students of various departments. The competition was organized to celebrate the International Day of Youth that is celebrated on August 12.
- ❖ Department of social work, Thiruthangal Nadar College in collaboration with Vasan eye care, Perambur branch, Chennai, organized a free eye camp on 20th and 21st September 2022 in our college Campus.
- ❖ Department of social work, Thiruthangal Nadar College in collaboration with FEMA, organized a 5 days certificate course on counseling psychology from 17th October to 21st October, 2022.
- ❖ Department of social Work, Thiruthangal Nadar College in collaboration with FEMA, Chennai Organised an Awareness and upgradation of chief minister comprehensive insurance scheme for non- teaching staff members on 16th and 23rd November 2022 in our college Campus
- ❖ On January 24,2023 Department of Social work, Entrepreneurship cell and Innovation and Incubation cell, Thiruthangal Nadar College jointly organized an Awareness Program on Social Entrepreneurship and Innovation in Collaboration with EDII, Tamil Nadu and Madras School of Social work



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- ❖ The Department of Social Work, Thiruthangal Nadar College organised an Exhibition on the theme 'Unwind Cancer' on 3rd February, 2023.
- ❖ The Department of Social Work, Thiruthangal Nadar College in collaboration with International Justice Mission (IJM) organised an Awareness programme on Cyber trafficking on 10th February, 2023.
- ❖ The Department of Social Work, Thiruthangal Nadar College organized a training program on Basic Life Support in collaboration with Apollo Pharmacy, Chennai on 14.03.2023
- ❖ The Department of Social Work organized an Awareness Program on Influenza and Covid in collaboration with public health and Preventive Medicine, Government of Tamil Nadu on 28.03.23



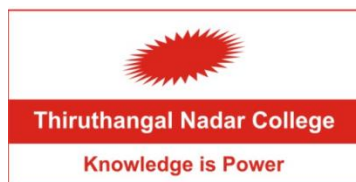
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HUMANITARIAN DAY

On 16th August 2022 Department of social work organized a **knowledge enhancement program** on the event of celebrating **world Humanitarian Day**. An experience sharing interactive session was organized. Ms. Bhavana, a transgender who is an IT consultant shared her journey of struggle and how she successfully achieved her career in the field of IT. Students of II and III BSW interacted actively and gained knowledge about problems faced by the transgender and role of social workers in upliftment of the vulnerable people in the society. 16 students and 3 staff members participated in the event.





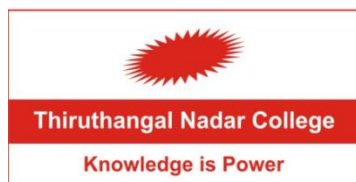
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WORLD NATURE CONSERVATION DAY OUTREACH PROGRAMME

The department of Social Work celebrated **World Nature Conservation day**. An **outreach** programme was organized on **01.08.2022 (Monday)** for planting saplings in Panchayat union Primary school at Redhills. Students of Social Work Department raised funds to buy 10 saplings to be planted in the school campus. College bus was provided to reach the venue. Students of social work department interacted with the school students and explained about the purpose of the visit and insisted about importance of nature conservation. The school students actively participated in the event. 18 students and 3 staff members participated in the event.





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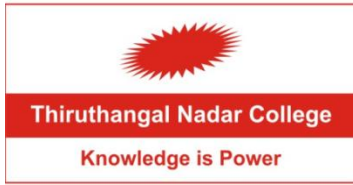
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INTERNATIONAL DAY OF YOUTH

POSTER MAKING COMPETITION

The department of Social Work, Thiruthangal Nadar College organized an Inter-Departmental Poster making competition for the students of various departments. The competition was organized to celebrate the International Day of Youth that is celebrated on August 12. The theme for the competition was “Role of youth in Sustainable Development”. 4 students from different departments participated in the competition. The posters were evaluated by Mr. Ashok, Assisstant Professor, Department of Computer Application, Thiruthangal Nadar college. The best 3 posters were selected and prizes were distributed to the particular students by Dr. K.C.Lalithambika, Principal, Thiruthangal Nadar College on 30.08.2022.





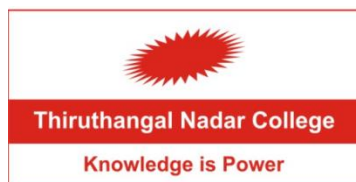
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FREE EYE CAMP

Department of social work, Thiruthangal Nadar College in collaboration with Vasan eye care, Perambur branch, Chennai, organized a free eye camp on 20th and 21st September 2022 in our college Campus. 383 students from shift I and II, 34 faculties from various departments and 31 non-teaching staffs were benefited by free eye checkup (Total- 448). All the beneficiaries were provided with a concession card for further check up in the hospital.





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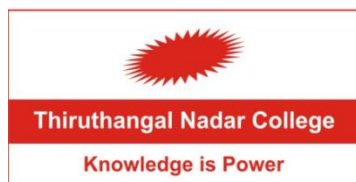
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5 DAYS CERTIFICATE COURSE ON COUNSELING PSYCHOLOGY

Department of social work, Thiruthangal Nadar College in collaboration with FEMA, organized a 5 days certificate course on counseling psychology from 17th October to 21st October, 2022.

Day 1 session started with inaugural. Dr. Solomon raj, Director of Shelter Trust was the special guest. The Resource person Mr. Sridhar, Assistant professor, Department of Social work MSSW explained about psychology and history of psychology, normal and abnormal psychology. After noon was activity session on client and counselor practice conducted by Mr. Mohan, coordinator of FEMA. In the Day 2 Session was handled by Mr. Sridhar, Assistant professor, Department of Social work, MSSW. Theories of psychology, goals of psychology, and introduction to counseling were explained to students. After noon was activity session on client and counselor practice by Mr. Mohan, coordinator of FEMA. Day 3 session was handled by Resource person Ms. Lydia Nancy, Family Counselor. She explained about counseling, types of counseling, elements, process of counseling. In the afternoon session meditation and relaxation therapy was practiced. On the Day 4 Resource person Ms. Abirami, Counselling psychologist explained about child mental health, parental techniques and factors influencing child mental health. Afternoon session was handled by resource person Ms. Ananya Lakshmi, Assistant Professor Department of Psychology, MSSW who explained about Nonverbal communication among children and related activities. Day 5 resource person was Mr. Mohan, Coordinator of FEMA, discussed about mental health issues of adolescents and had an evaluation and feedback session. During valedictory, certificates were issued to the students. Totally 34 students and 5 staff members were benefited by this certificate course.





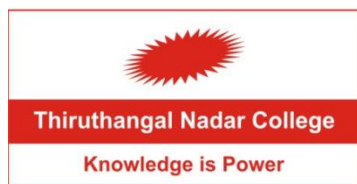
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AWARENESS ON CHIEF MINISTER COMPREHENSIVE HEALTH INSURANCE SCHEME AND DISTRIBUTION OF UPDATED CARDS

Department of social Work, Thiruthangal Nadar College in collaboration with FEMA, Chennai Organized an Awareness and upgradation of chief minister comprehensive insurance scheme for non- teaching staff members on 16th and 23rd November 2022 in our college Campus. Eligibility and upgradation of insurance cards were done online. 20 non-teaching staff member's cards were upgraded from Rs.1,00,000/-limit to Rs. 5,00,000/-limit per year. Today 22nd December 2022, new insurance cards were distributed to the respective members by our Principal Dr. Devi. Mr. Mohan, coordinator of FEMA explained about the salient features of the insurance scheme and handed over the guideline book to our respected Principal Dr. Devi.





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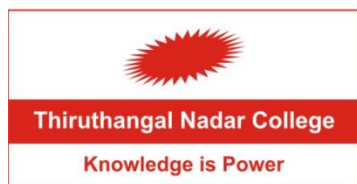
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DEPARTMENT OF SOCIAL WORK

EXHIBITION -CANCER AWARENESS

The Department of Social Work, Thiruthangal Nadar College organized an Exhibition on the theme 'Unwind Cancer' on 3rd February, 2023. The objective was to bring awareness about different types of Cancer among the college students. The Chief Guest for the exhibition was Thiru. Narayana Murthy, Secretary & Correspondent, Thiruthangal Nadar College and Dr.V. Devi, Principal, Thiruthangal Nadar College. The students and staff from various department came in turns to the exhibition and got educated about different types of cancer. 521 were benefitted from the exhibition.





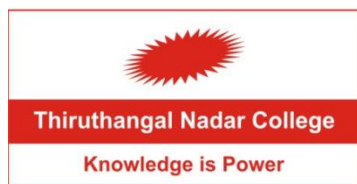
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AWARENESS PROGRAM ON CYBERTRAFFICKING

The Department of Social Work, Thiruthangal Nadar College in collaboration with International Justice Mission (IJM) organized an Awareness programme on Cyber trafficking on 10th February, 2023. The objective of the programme was to educate the Social Work students about Cyber trafficking so that they can educate others in the community. The resource person for the program was Dr. M. Devasitham, MSW, Ph.D., Regional Specialist, ILED, South Asia Justice Solutions, International Justice Mission. The resource Person spoke about Trafficking, causes, mode etc. He discussed about cyber trafficking in detail and also shared few of his own experiences during rescue. 34 Students from the Department of Social Work were the beneficiaries of this Programme





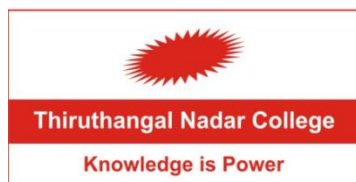
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TRAINING PROGRAMME ON BASIC LIFE SUPPORT (BLS)

The Department of Social Work, Thiruthangal Nadar College organized a training program on Basic Life Support in collaboration with Apollo Pharmacy, Chennai on 14.03.2023, Tuesday. The trainers were Mr. Saravanan, Mr.Aanandh and Mr. Velu from Billion Hearts Beating Foundation. The students were made aware about First Aid and its importance, different type of first aid depending on the type of case. The students were also made to understand about Cardio Pulmonary Resuscitation (CPR) and the trainers gave a demonstration on the process of performing CPR. The students were also encouraged to perform CPR to the model. The participants were provided with a certificate. 25 students were benefitted by the training Program.





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AWARENESS ON SOCIAL ENTREPRENEURSHIP AND INNOVATION

On January 24,2023 Department of Social work, Entrepreneurship cell and Innovation and Incubation cell, Thiruthangal Nadar College jointly organized an Awareness Program on Social Entrepreneurship and Innovation in Collaboration with EDII, Tamil Nadu and Madras School of Social work. Resource person Mr. Antony Stephen, Head, Department of Social Entrepreneurship, MSSW gave a speech on main features of social entrepreneurship and its importance. He also encouraged students to become social entrepreneurs and contribute to the upliftment of our society. It was a very interactive session.112 students participated in this program.

